



# HOME SAFETY CHECKLIST



Educate yourself on Child Sexual Abuse.



Educate everyone in the family about Child Sexual Abuse and involve them in Child Safety.



Teach your children about Personal Safety Rules – that their body belongs to them, they have a right to say 'NO' and that they can tell a helping adult if they feel unsafe.



Revisit and remind your child that their Personal Safety is important and that you are prepared to believe them if anyone does something that is inappropriate.



Set clear family boundaries around touching.



Occasionally check in when children are playing out of your sight and be aware of their whereabouts.



Take sensible precautions with people who have access to your children.



Listen and validate your child's feelings and check in to find out if they are afraid, confused, uncomfortable under the care of any specific person.



Seek help and advice as soon as there are concerns instead of waiting for certain evidence of harm to the child.



Know your local resources and how to access them.