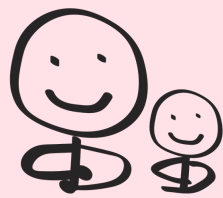




PATCHWORK ART

Who can do it?



Anyone who is 5 years and above

When can you do it?



When you want all the people in the family to work on something together - there is great fun in creating something together with everyone involved, young and old.

How to do it?



- Take a large blank paper and art material.
- If you plan to do it in a group with your family/ friends, you can take up any one corner of the paper and start making a huge drawing without discussing with each other; then fill it up with a lot of colours using any art material.
- In the end you will have one paper with varied drawings on it.
- When done, you can share your feelings during the process and also the one thought that comes to your mind when you see this huge patchwork drawing. Discuss these thoughts in the group.
- If you are doing it individually, you can write down your thoughts behind the drawing.

How will it help and expected outcomes?



- It will help families bond and know each other better. It will also give a different perspective on your thoughts.
- It will give a sense of oneness. Together is a wonderful place to be!

Resources required?

Paper, various art material

