



Annual Report – 2008 -2009

We dream.... of a world of joyous individuals free from Child Sexual Abuse (CSA)

We work towards this by...

- Spreading Awareness amongst various stakeholders of children; parents, teachers, NGO Professionals and Caretakers, B.Ed, D.Ed and counseling students to prevent CSA and intervene appropriately in the event of CSA.
- Teaching children Personal Safety skills to protect themselves from sexual abuse
- Healing child and adult survivors through counseling and therapy
- Building practitioner capability to deal with Child Sexual Abuse cases

Outreach and impact in year 2008-09

- Created awareness on CSA amongst 1300 Parents, teachers, NGO staff, caretakers Social work, counseling, B.Ed and D.Ed students through awareness talks
- Taught 766 children how to protect themselves from sexual abuse through the Personal Safety Education (PSE) Program in a school. It resulted in
 - 35% average increase in awareness amongst children
 - 15 children saying 'NO' to abuse during the program itself and saving themselves from sexual abuse
 - 60 new disclosures by children to Arpan's trainer.
 - 121 children who had been or were being sexually abused or inappropriately touched were helped with intervention by the Support team created by Arpan95% of the parents thought the PSE program was very essential and useful. We also found 16% of children were or had been sexually abused or inappropriately touched!!!



- Helped heal 14 adult survivors with counseling services

"For battered people like me...It often gives me courage to fight my battle ... keeps reminding me to take care of myself more than anything else. Deeply grateful." – An adult survivor, Client

- Trained 8 practicing counselors and psychologists through intensive study on Trauma

"This study group has changed my perception of therapy and trauma and has given me more confidence to deal with trauma." – Counsellor, Participant

- Helped therapeutic healing of 20 victims of sexual abuse through yoga.

“..girls have consistently given a positive feedback... saying they feel better when they do yoga. Our thanks to Arpan...to help our girls and supporting the cause in a big way.” - Sangeeta Puneekar, Advait Foundation

Key Highlight

Arpan got registered as a Public Charitable Trust! Also received 80 G Income Tax Exemption certificate.

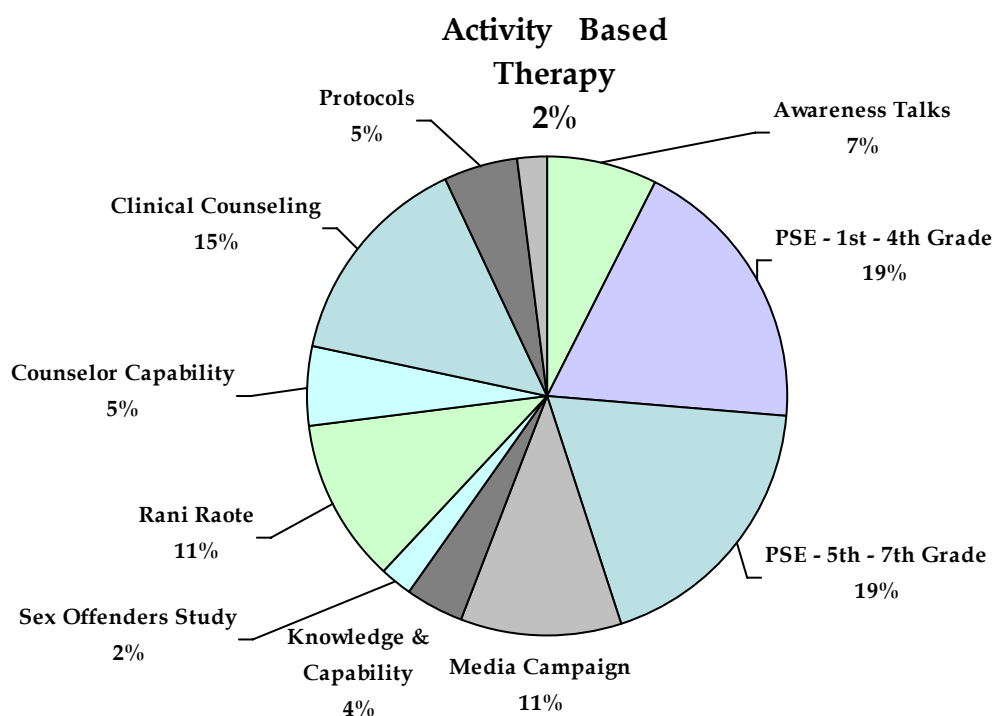
Plans for 2009-2010

We aim to

- Reach out to 1125 adults to create awareness on child sexual abuse and teach them prevention and intervention skills.
- Teach another 1350 children personal safety skills so that they can protect themselves from sexual abuse and atleast 50% of their parents.
- Reach out to another 6 adult survivors with counseling and therapy services and continue with the ongoing cases from last year.
- Build capability of mental health professionals through the trauma study group and grow the no. of participants to 15.
- Organise group therapy workshop by RAHI to benefit 12 counselors.
- Build capabilities of in house counselors through workshops.
- Extend counseling and therapy services to 21 rescued minors.
- Conduct secondary research on sex offenders based on global studies available.
- Spread awareness through media and events
- Put protocols and policies in place at Arpan for HR and Child Protection.

Budget split

Total funding required for 2009-10 – Rs. 24 lakhs.



Identity

Arpan is a registered Public Charitable Trust by legal status and conviction. (Registered under the Bombay Trust Act, Registration No. E24873 dated 25/03/2008)

Details of Board members as on 31st March, 2009

Name	Designation	Area of competency	Meetings attended
Pooja Taparia	Trustee	Administration, Operations, Communication, Program Development, Fund raising	4 / 4
Vaishali Kapadia	Trustee	Design and Media Strategy	4 / 4
Pooja Warier	Trustee	Strategic Direction	4 / 4

Registered Office: 10, Arun bldg., 3rd flr, 34, Narayan Dhabolkar Road, Mumbai – 400 006

Bankers: Bank of Baroda, Malabar Hill, Mumbai – 400 006

Auditors: Ganesh and Rajendra Associates, 404, Tardeo AC Market, Tardeo, Mumbai – 400 034

THANK YOU

- All our well wishers and donors whose support has helped us to sustain and grow our work.

Donors:

Aaditya Dhoot	Pramod Taparia HUF
Aarati Somani	Pushpa Taparia
Ajay Maheshwari	Rinku Jariwala
Chaitanyaa Fibbres	R. O. Somani Charitable Trust
Chhaganlal Velji Charitable Trust	Sanskriti Foundation
Hindol Bhrahmabhatt	Seema Taparia
Husain Quettawala	Shah Goverdhanlal Kabra Charitable Trust
Kala Krishnan	Shivkumar
Maria Corera	Shobha Sundaram Iyer
Naira Ahmudullah	Shree Hazarimal Somani Memorial Trust
Namrata Agarwalla	Shri Bharatiya Sanskriti Samvardhak Trust
Naresh Nagrecha	Shweta Taparia
Pariskhit Taparia	Sudha Taparia
Pooja Taparia	Vandana Somani
Pramod Taparia	Vipin Mehra

- A special Thank you to Mr. Sanjeev Taparia for giving us office space to work from.
- All our clients whose stories have touched us and kept us motivated.
- Our team, Pushpa Venkatraman (Head trainer and Counselor), Anita Kumar (Documentation officer and Administrative Assistant), Jyotti Savla (PSE Trainer), Natasha Agrawal (Development Consultant), Pooja Warier, Vaishali Kapadia and Pooja Taparia

Your support has been extremely valuable last year and we hope you will continue your support this year too. Thank you!

DO VISIT US!

Do call us in advance to arrange a mutually convenient timing.

Arpan

10, Arun bldg., 3rd flr, 34, Narayan Dhabolkar Road, Mumbai – 400 006

Tel – 022.23671134, email – info@arpan.org.in, website – www.arpan.org.in

